

Private Coaching Packages

<p align="center">Monthly Program</p> <p align="center"><i>Gain Clarity, Set Direction, & Move Forward</i></p>	<p align="center">Power Coaching</p> <p align="center"><i>Maintain Momentum & Work the Plan</i></p>	<p align="center">On Demand</p> <p align="center"><i>Support When You Want It</i></p>
<p>Especially helpful for:</p> <ul style="list-style-type: none"> ➤ Establishing priorities and goals ➤ Identifying your focus ➤ Naming what you want ➤ Expressing your unique purpose ➤ Exploring options, generating ideas ➤ Getting specific, setting direction ➤ Creating your vision ➤ Developing an action plan ➤ Working an action plan <p>Includes:</p> <ul style="list-style-type: none"> √ Three coaching sessions per month √ Coaching Plan √ Coaching Highlights √ Email support between sessions √ Short progress calls as desired √ <i>Current of Life</i> Ezine <p>Coaching sessions are 30-60 minutes, whatever is needed in a particular week.</p> <p>Typically sessions are via telephone and are scheduled as a recurring appointment during the first three weeks of the month.</p>	<p>Especially helpful for:</p> <ul style="list-style-type: none"> ➤ When you know where you want to go and are moving toward a goal ➤ Working an action plan ➤ Motivational support ➤ Managing obstacles ➤ Maintaining momentum <p>Includes:</p> <ul style="list-style-type: none"> √ One 1-hour coaching session and two Power Sessions (10-15 minutes each) scheduled over the month √ Progress Plan √ Light email support √ <i>Current of Life</i> Ezine 	<p>Especially helpful for:</p> <ul style="list-style-type: none"> ➤ Situational input ➤ Skill building ➤ Decision making ➤ Motivational support ➤ Check in on action plan <p>Includes:</p> <ul style="list-style-type: none"> √ Individual coaching sessions scheduled as desired √ Light email support √ <i>Current of Life</i> Ezine <p>Coaching sessions are 30-60 minutes (typically 45 minutes) and are via telephone. They can be scheduled on demand or to occur at regular intervals.</p>
<p align="center">\$475/month</p> <p>Alternate Options:</p> <ul style="list-style-type: none"> • 4 coaching sessions/month:\$633 • 2 coaching sessions/month:\$317 	<p align="center">\$275/month</p> <p>Alternate Option:</p> <ul style="list-style-type: none"> • 3 Power Coaching sessions per month: \$170 	<p align="center">\$175/session or \$160 each when purchased in packages of four or more at a time (package of 4 = \$640)</p>

Fees are due by the 1st of the month. With the automatic payment arrangement, your credit card or PayPal™ account will be charged on or about the last business day of the month in advance of coaching.

Private Coaching is a one-on-one coaching format that gives you the maximum amount of personal attention and focus. Shared Coaching and Group Coaching are optional formats also available.